



Jenny Stokes

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Bridge Case Management

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I qualified as a nurse in 2008, having trained through the Royal Air Force at Birmingham City University. I have a critical care specialist background, having worked in both NHS and defence environments. I have undertaken an operational deployment dealing with traumatic amputations and ballistic injuries, worked as a flight nurse in aeromedical evacuation and gained an insight into the rehabilitation of service personnel at Headley Court. I continued to serve as a nurse until August 2017, having gained extensive experience in a variety of clinical roles and different elements of the patient care pathway. I am committed to providing safe, effective and person-centered care, regardless of the setting.

Experience of working in both military and NHS environments has enabled me to develop an extensive clinical knowledge base. My previous experience has aided me in developing meticulous planning and management skills. As a lateral thinker I am always considering alternative options and scenarios, which gives me the ability to react to situations appropriately as they arise I enjoy working effectively as part of a team. I am excited to have joined the team at Bridge Case Management as a case manager and look forward to the new challenges ahead.

Employment

Jan 2018 to present

Case Manager at Bridge Case Management

Assessing and supporting clients through their rehabilitation process, setting SMART goals and regularly reviewing progress to ensure optimal outcomes. Maintaining seamless and transparent communication between all parties, including the multi-disciplinary team.

August to December 2017:

Foreign Travel

October 2014 – August 2017:

Royal Centre for Defence Medicine, Queen Elizabeth Hospital

Worked on both Trauma and Liver specialist critical care units alongside the NHS. Undertook regular on-call periods for Critical Care Air Support Team for the aeromedical repatriation of critically ill or injured service personnel from around the world.

May 2013 – October 2014:

Tactical Medical Wing, RAF Brize Norton

Worked on deployable aeromedical squadron, with a focus on pre-hospital and emergency care. Deployed as an intensive care nurse to Camp Bastion, Afghanistan for 3 months.

October 2008 – May 2013:

Ministry of Defence Hospital Unit, Peterborough

Completed a 12-month preceptorship programme, including placements in orthopaedics, surgery and acute assessment, before

progressing into high dependency and specialising in critical care nursing. Undertook a two-month secondment to DMRC Headley Court.

October 2005 – **Birmingham City University**
October 2008: Student nurse training.

May 2005 – August **RAF Halton**
2008: Military recruit training.

Educational and Professional Qualifications

BSc(Hons) Adult nursing, Birmingham City University

Critical Care specialist modules, Anglia Ruskin University

CMI Level 5 Certificate Management and Leadership, Chartered Management Institute

Interests

I have a passion for foreign travel and undertook a voluntary placement as a nurse in a hospital in Nepal in 2017, as well as spending time backpacking in Australia, New Zealand and Thailand. I enjoy keeping fit and regularly take part in my local Park Run and other short distance organized events. I enjoy learning and am due to start my Masters Degree in Integrative Practice in Health and Social Care in May 2018. For my downtime I enjoy reading, cinema and eating out.